



WAVERLEY COLLEGE COVID-19, COMMON COLD & INFLUENZA POLICY

Waverley College takes the health and wellbeing of our students, staff and community seriously. With immunocompromised staff, students, parents and carers in our community we want to ensure that everyone continues to feel safe coming to school and that we can provide an environment which reflects that.

The cases of COVID-19, Influenza and the common cold in the community are still relatively high. Waverley College undertakes every measure to ensure that the spread of these illnesses is minimal.

In line with the current NSW Health and Government recommendations and guidelines, please see the responses to **frequently asked questions** in regards to COVID-19 testing and surveillance. This information has been taken directly from the NSW Government website: [Testing positive to COVID-19 and managing COVID-19 safely at home | NSW Government](#)

Australian Government guidelines via The Department of Health and Aged Care, do not require proof of COVID-19 vaccination to travel to and from Australia. Similarly, you also do not need to provide proof of COVID-19 vaccination to travel interstate within Australia.

In addition, The Department of Education no longer requires mandatory vaccination against COVID-19. At Waverley College we do encourage vaccination as a high order risk control and preventative measure against disease.

"What should I do if I test positive to COVID-19?"

You may be infectious for up to 10 days. You are most infectious in the 2 days before your symptoms start and while you have acute symptoms (such as a runny nose, sore throat, fever, cough). Some people with COVID-19 do not develop symptoms at all but are still able to infect others.

To reduce the risk to others NSW Health recommends you:

1. ***Stay home until your acute symptoms have gone.*** If you are at higher risk of severe illness, speak with your doctor as soon as you test positive. You may be eligible for antiviral medicines or other treatments for COVID-19. Antiviral medicines work best when used as soon as symptoms start.
2. ***Don't visit people at high risk of severe illness, anyone in hospital or an aged or disability care facility for at least 7 days.***
3. ***Wear a mask when indoors and on public transport, if you must leave your home.***
4. ***Avoid large gatherings and indoor crowded places, especially where you will be in contact with groups of people you don't live with.***
5. ***Tell people that you live with, or spend a lot of time with, that you have COVID-19.***
6. ***Waverley College COVID-19, Common Cold and Influenza Policy for Staff and Students***
 - If you are sick with COVID-19, please stay at home until your acute symptoms have gone.
 - If you are sick with cold and flu-like symptoms, please stay at home until your acute symptoms have gone.
 - If someone in your household has tested positive to COVID-19, you must take a Rapid Antigen Test every morning before attending work. You may attend work if it is negative.
 - If you are sick with COVID-19 and test positive on a Rapid Antigen Test, you can return as soon as you no longer have acute symptoms. You do not have to wait until you test negative on a Rapid Antigen Test because in some cases, this shows positive for up to 6-8 weeks.
 - Continue to provide personal / carers leave forms as per the Waverley Leave Policy with required evidence of your absence including doctor's certificate, positive RAT, PCR or Statutory Declaration if necessary.
 - Please note that Waverley College has a surplus of Rapid Antigen Tests available for staff and students. Please contact the Health Centre should you require any for testing at home.

Please don't hesitate to contact the Health Centre to speak to the Registered Nurse on duty from Monday to Friday, 8am - 4pm. They will be able to assist you with any questions or concerns about the Policy.

Registered Nurse
Waverley College Health Centre
(02) 9369 0644
healthcentre@waverley.nsw.edu.au